

A collection of various drugs is arranged on a dark, textured wooden surface. In the center, there is a pile of white, crystalline powder. To the right, a syringe with a needle is filled with a yellowish liquid. A lit cigarette with a white filter lies horizontally across the syringe. To the left of the powder, there is a small pile of dried, brown marijuana buds. Further left, a single green cannabis leaf is placed among several white, round pills. A white plastic pill bottle is tipped over, with more pills scattered around it. The overall scene is lit from the side, creating strong shadows and highlights on the different substances.

# Chapter 8: Drugs

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**Section 01**

# Introduction:

## WHAT IS SOCIOLOGY?



Some people confuse it with anthropology or even psychology but what sociology really studies is human society, culture, and relationships on a group level

- Name: Kaytlin Gomez.
- Major: Sociology with a Concentration in Criminal Justice and Criminology. I picked this major because I love studying the human behaviors when dealing with different kind of problems, and also I love the criminal justice field.
- I enjoy having free time to visit new places with my family.
- My dream is to be a professional and travel around the world.
- Secret talent: I don't have one.



## Background:

- I chose this topic because drugs is a big topic that should be talk more about it. Drugs can help you treat pain and also help with mental issues but if you overuse it and become addict to it; it becomes a huge problem.
- Today, more than 7 million people suffer from an illegal drug addiction, and illicit drug usage is responsible for one out of every four deaths. Drug misuse is linked to more deaths, illnesses, and impairments than any other preventable health problem.
- Drugs can have a wide variety of short and long term, and also direct and indirect effects.
- Drugs can affect people mentally and physically.
- It has so many bad effects and leads people to addiction and sometimes people found impossible to get out of the drugs world.

# Pros:



- Help cope with stress.
- Trauma.
- Help mental issues.
- Relieves insomnia, anxiety, and spasticity,
- Helps with pain to treating potentially life-threatening conditions such as epilepsy.
- Helps treat pain.

# Cons:

BEFORE

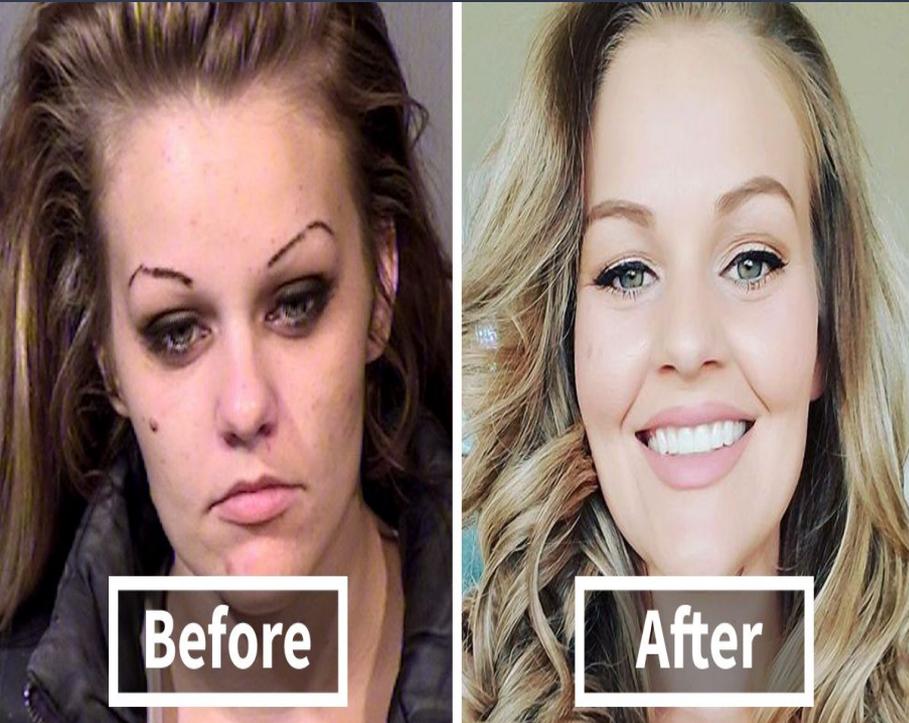


AFTER



- It gives you a weaker immune system which makes you more susceptible to disease and infection.
- Injection drug-induced heart disorders range from irregular heart rhythms to heart attacks, ruptured veins, and blood vessel infections.
- Nausea and gastrointestinal pain, as well as changes in appetite and weight loss, are common side effects.
- Increased liver strain, putting the person at risk of serious liver damage or liver failure.
- Seizures, strokes, mental confusion, and brain damage are all possibilities.
- Lung ailment
- Memory, concentration, and decision-making issues that make daily life more difficult
- Drugs have a wide range of impacts on the body, including breast development in men and increased body temperature, both of which can lead to additional health issues.

# Conclusion:



- A life without drugs:
- Not consuming drugs would help you get your immune system to a better place and have a healthier life.
- It will also help you by having a good memory and ability to concentrate because when you consume drugs it destroys your ability to remember things, concentrate, and also a person who consumes drugs would make bad decisions.

# Tweet Screenshot

The screenshot shows the Twitter 'Home' feed. At the top, the word 'Home' is displayed in bold black text, with a star icon to its right. Below this is a search bar with the placeholder text 'What's happening?'. To the left of the search bar is a circular profile picture for 'SCSU PCH 201 WELLNESS'. Below the search bar are five icons: a photo icon, a GIF icon, a list icon, a smiley face icon, and a clock icon. To the right of these icons is a blue 'Tweet' button. Below the search bar is a tweet from 'Betty C. Jung @Pch201wellness · 7s'. The tweet text reads: 'More than 7 million people suffer from illegal drug addiction, and illicit drug usage is responsible for one out of every four deaths. Drug misuse is linked to more deaths, illnesses, and impairments than any other preventable health problem. Posted by Kaytlin G. (Section 01)'. At the bottom of the tweet are five icons: a speech bubble, a refresh icon, a heart, an upload icon, and a list icon.

Home 

SCSU PCH 201 WELLNESS What's happening?

     [Tweet](#)

SCSU PCH 201 WELLNESS **Betty C. Jung** @Pch201wellness · 7s 

More than 7 million people suffer from illegal drug addiction, and illicit drug usage is responsible for one out of every four deaths. Drug misuse is linked to more deaths, illnesses, and impairments than any other preventable health problem.  
Posted by Kaytlin G. (Section 01).

# Pros

# References

<https://www.health.harvard.edu/blog/medical-marijuana-2018011513085>

[https://www.cdc.gov/stopoverdose/stigma/?s\\_cid=DOC\\_Stigma\\_PaidSearch\\_037](https://www.cdc.gov/stopoverdose/stigma/?s_cid=DOC_Stigma_PaidSearch_037)

# Cons

# References

<https://www.gatewayfoundation.org/faqs/effects-of-drug-abuse/>

<https://kidshealth.org/en/kids/know-drugs.html>

**What have I learned in  
class?**



# What have I learned about abstinence?

I learned that abstinence is one of the wisest choice from an emotional standpoint and the decision not to engage in sexual intercourse. It is based on many factors, for example, concern about contraceptive side effects, STIs, unwanted pregnancy, strongly held personal values, and moral, cultural, or religious beliefs.

# Facts About Abortion:

Abortion means pregnancy ending and the fetus becomes viable at 24 weeks of gestation (or 6 months).

During 2017, the U.S. abortion rate reached a historic low.

At the age of 25-34 most abortions are performed.

Methods for the first trimester abortion:

1. Medication abortion: mifepristone and misoprostol.
2. Aspiration abortion: “Suction abortion” or dilation and curettage.